

### Technology: How It Improves My Life

Technology improves my life by providing me with entertainment, health care, and school projects. From cell phones to diabetes meters to personal laptops, technology is advancing from generation to generation. Future technology will become so advanced that perhaps cars won't run on gasoline and typing on computers will no longer be a necessity.

I use cell phones, computers and MP3 players for entertainment purposes. Cell phones are becoming very popular. I use my cell phone to keep in contact with my friends and family by texting, calling and taking pictures. I also use computers, mainly my personal laptop for homework and play. Once connected to the internet the limits are endless. Music, shopping, chatting with others on Facebook, and the latest news are just a click away. Banks are now using debits cards and Paypal. Shopping on the internet is fun and easy. Hulu and i-Tunes are changing the old entertainment ways by making personal access easier and convenient.

Technology that influences my life the most is my insulin pump and blood sugar meter. With these two pieces of technology I am able to control my diabetes with ease. My blood sugar meter is able to communicate wirelessly with my insulin pump; therefore, all the data and information is stored on my pump enabling a quick and easy download. The technology for the insulin pump is becoming better all the time. There are now blood sugar sites that check the individual's blood sugar every five minutes and communicate the readings to the insulin pump. As a diabetic I am hoping for an insulin pump that will check my blood sugar and automatically fix and deliver the insulin as needed. Everyday new technology is developing and the cure for diabetes is closer than ever.

Technology is also making a difference at school. At Star Valley High School most

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classrooms have Active Boards that the teachers and students have been taught to use. There are portable computer labs with laptops that each student can use during class. Grades are entered on the computer and can be easily accessed by each student. There are no excuses for not knowing about missing assignments, failing grades, or announcements. Teachers also have their students do more assignments and quizzes using the technology that is available. I have made many movies and presentations using this technology which is available at school.

When my parents were teenagers computers and cell phones were not invented or were not available for public use. Televisions were small and only a few people had color. Students either had to use a typewriter for homework or handwrite it. Technology in the past 40 years has come a long way. With the rate that technology is developing, within the next couple years new energy sources will be found and communications will improve as far as our imagination will take us.